

How to take digital images of your penile curvature

Your surgeon has asked for photographs of the curve in your penis. The images show how severe the curvature is and where along the shaft it sits, which guides whether treatment is needed and which procedure suits you best. Photographs taken before and after treatment also let you and your clinician judge the result.

THREE CONDITIONS

Every photograph must be taken **at full erection**, from a **true right angle**, in **bright, even light**. If any one is missing, the curve cannot be measured.

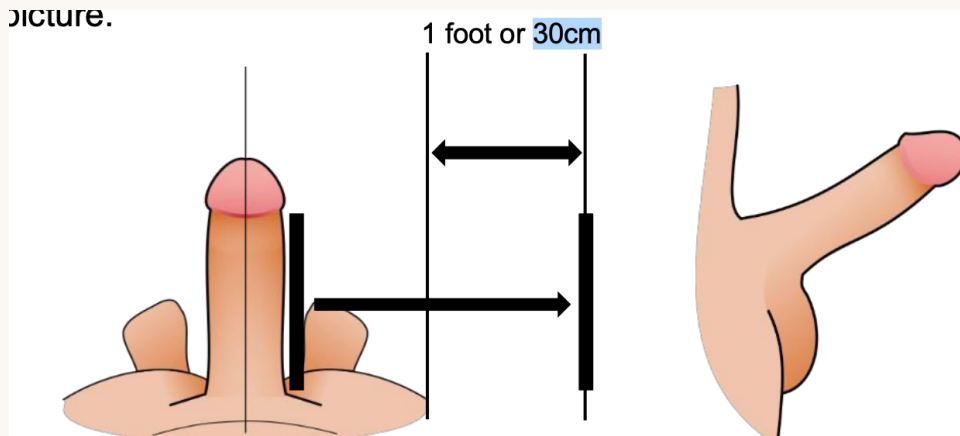
1 The side view — upward or downward curve

Hold the phone at the same height as your penis, level with your right hip, then move it out about 30 cm and take the photograph. The front-facing camera is easier, since you can check the framing as you go. The whole shaft should be in frame, seen from the side.

2 The view from above — leftward or rightward curve

Hold the phone directly above your penis, looking straight down the shaft, and raise it about 30 cm before taking the photograph. Keep the camera parallel to the floor so the sideways curve is not distorted.

Picture.



Bring the images with you to your appointment

- 3** Keep both photographs on your own phone and show them to your clinician during the consultation. Do not email or message them. The curvature is measured with you present, and nothing is stored unless you agree to it in writing.

BEFORE THE APPOINTMENT

- ☐ Two photographs taken: one from the side, one from above.
- ☐ Both taken at full erection, in focus, whole shaft visible.
- ☐ Your face, tattoos, and anything else identifying is out of frame.
- ☐ Phone charged and images easy to find during the consultation.

COMMON MISTAKES

- ✗ Photographing at partial erection — the curve reads as milder than it is.
- ✗ Shooting at an angle or too close, which distorts the shape.
- ✗ Backlighting or a dim room, leaving the shaft in silhouette.
- ✗ Using flash close up, or cropping the tip or base out of frame.

Privacy. The photographs stay on your own device. Under the GDPR they are health data and are shown, not transferred: nothing is uploaded, copied, or added to your record unless you give written consent, and you may withdraw that consent at any time. If you would rather not photograph yourself, tell your clinician — the assessment can be made in clinic instead.